

**Being Me in My World**  
Being part of a class  
**Celebrating Difference**  
Know what bullying is

**Dreams and Goals**  
Setting goals  
**Healthy Me**  
Keeping myself healthy

**Relationships**  
Belonging to a family  
**Changing Me**  
Changes in me

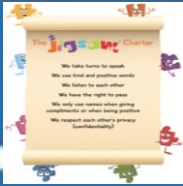
**Being Me in My World**  
Hopes and fears for the year  
**Celebrating Difference.**  
Assumptions and stereotypes

**Dreams and Goals**  
Achieving realistic goals  
**Healthy Me**  
Healthy eating and nutrition

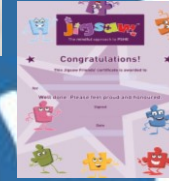
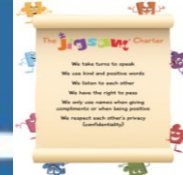


**Relationships**  
Different types of family  
**Changing Me**  
Life cycles in nature

Year One



Year Two



**Dreams and Goals**  
Resilience  
**Healthy Me**  
Celebrating inner strength

**Being Me in My World**  
Being a school citizen  
**Celebrating Difference**  
Challenging assumptions

**Relationships:**  
Family roles and responsibilities  
**Changing Me:**  
How babies grow and understanding their needs

**Dreams and Goals**  
Difficult challenges and achieving success  
**Healthy Me**  
Healthy and safe choices

Year Three



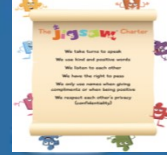
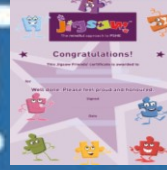
**Being Me in My World**  
Recognise self-worth  
**Celebrating Difference.**  
Families and their differences



**Relationships**  
Love and loss  
**Changing Me**  
Girls and Puberty



Year Four



**Dreams and Goals**  
Personal learning goals, in and out of school  
**Healthy Me**  
How substances affect the body

**Relationships:**  
Identifying mental health worries and sources of support  
**Changing Me**  
Puberty and feelings

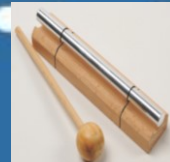
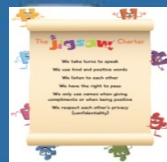
**Celebrating Difference**  
Cultural differences and how they can cause conflict  
**Dreams and Goals**  
Jobs and careers

**Healthy Me**  
Body image  
**Relationships**  
Building self-esteem  
**Changing Me**  
Accepting change

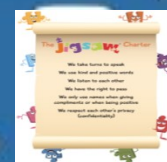
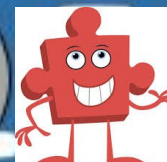
**Being Me in My World**  
Identifying goals for the year  
**Celebrating Difference**  
Understanding disability



Year Five



Year Six



**Being Me in My World**  
Planning for the forthcoming year